

ATHLETICS 12KM ROAD RUN

Date: Sunday 4 February 2018

Contact: Greg Johnston (03) 487 6100 athletics@sportotago.co.nz

FACILITIES:	Designated changing rooms will be available for men and women for use underneath the grandstand at the Caledonian Grandstand, Logan Park Drive. Toilets are also available at the back of the grandstand. Equipment and clothing can be left in a designated room at the Caledonian Ground. Please don't bring any valuables. There are public toilet facilities located on the main road in Port Chalmers and there will be a portaloo at the start area.
MEDALS:	Medals will be awarded to the first, second and third male and female home in each 5-year age group. The presentation of the medals will take place in front of the Caledonian Ground grandstand. The ceremony will be held after the results have been processed at approximately 12.30pm. It is not until the final competitor has completed the course that the final results can be processed.
DIRECTIONS:	Buses will leave the Caledonian Ground at 9.15 am sharp to take competitors to the start line. Don't be late! See map on reverse side for information and course maps.
PROGRAMME:	The start line is on the corner of Borlases Road and SH88 in Port Chalmers. Competitors will finish on Butts Road, just along the road from the Caledonian Ground.
FIRST AID & SAFETY EQUIPMENT:	Qualified first aiders will be in attendance at the finish area and at points along the course. The race organizers reserve the right to withdraw any competitor who is deemed unfit to continue the race.
REFRESHMENTS:	Water will be available at the halfway point and near the finish line. There will be tea and coffee available in the Athletics Otago room first floor in the Caledonian Ground grandstand for those who have completed the race and are waiting for the medal ceremony to take place.
SPORT SPECIFIC INFORMATION:	Each competitor must display their race number on the FRONT of their clothing. Numbers will be issued at the Caledonian Ground from 8.30am on race day. You must come and pick up your number and tick off your name from the info desk.
	After passing the finish line competitors will continue through a chute in single file where their number will be recorded. Only runners wearing the official race number will be allowed into the finishing chute.
	Officials will be posted at all corners where the course makes a change of direction. Follow instructions of race officials at all times. Runners are responsible for their own safety when crossing roadways on any part of the course. All the roads used are open for use by normal traffic. Except where instructed by race officials, runners must remain at the "Extreme Right" of the road at all times.



