

60+	Individual - Women	Duathlon	Annette	Wilson		91.53 Gold	Female	60+	
30-39	Individual - Men	Duathlon	Ken	McDonald		52.12 Gold	Male	30-39	
30-39	Individual - Men	Duathlon		Bell		57.01 Silver	Male	30-39	
30-39	Individual - Men	Duathlon	Tim	Hodgson		59.01 Bronze	Male	30-39	
30-39	Individual - Men	Duathlon	Kyle	Kaliniak		65.34	Male	30-39	
			•						
40-49	Individual - Men	Duathlon	Lee	Flowers		52.8 Gold	Male	40-49	
40-49	Individual - Men	Duathlon	Cameron	Hollis		57.08 Silver	Male	40-49	
40-49	Individual - Men	Duathlon	Karl	Thomson		61.41 Bronze	Male	40-49	
40-49	Individual - Men	Duathlon	Nigel	Primmer		68.56	Male	40-49	
50-59	Individual - Men	Duathlon	David	Rush		54.19 Gold	Male	50-59	
50-59	Individual - Men	Duathlon	Paul	Berg		54.24 Silver	Male	50-59	
50-59	Individual - Men	Duathlon	Alastair	Watt		58.01 Bronze	Male		
50-59	Individual - Men	Duathlon	David	Crooks		63.53	Male	50-59	
50-59	Individual - Men	Duathlon	Peter	Hughes		68.09	Male		
50-59	Individual - Men	Duathlon	Gerald	Scanlan		71.21	Male	50-59	
50-59	Individual - Men	Duathlon	Alistair	McGaughran		79.18	Male	50-59	
50-59	Individual - Men	Duathlon	Paul	Gough	DNS		Male	50-59	
60+	Individual - Men	Duathlon		Thomson		59.33 <mark>Gold</mark>	Male	60+	
60+	Individual - Men	Duathlon		Bermingham		60.35 Silver	Male	60+	
60+	Individual - Men	Duathlon	,	Dey		64.48 Bronze	Male	60+	
60+	Individual - Men	Duathlon		Cobby		74.43	Male	60+	
60+	Individual - Men	Duathlon		McLean		74.5	Male	60+	
60+	Individual - Men	Duathlon	Allan	Middleton	DNS		Male	60+	
	Teams - Mixed 30+	Duathlon	Ray	Dunstan	DNS		Male		Cycle World
	Teams - Mixed 30+	Duathlon	Katy	Falcous	DNS		Female		Blueskin Breeze
	Teams - Mixed 30+	Duathlon	•	Murphie	DNS		Male		Blueskin Breeze