



INFORMATION FOR PARTICIPANTS

Date and Time

Sunday 2 February 2020 at 9.00am.

Start and Finish

The start/finish line is on the walkway/cycleway Magnet Street opposite the Otago Yacht Club.

Facilities

Equipment and clothing can be left in a designated area at the start/finish. Please don't bring any valuables. There are public toilet facilities located adjacent to the Yacht Club. There will be a double portaloo at the turn around at St Leonards.

First Aid

First Aiders will be in attendance at the finish area and at points along the course. The race organizers reserve the right to withdraw any competitor who is deemed unfit to continue the race.

Refreshments

Water will be available at the halfway point at the St Leonards turn around and near the finish line.

Medal Ceremony

Medals will be awarded to the first, second and third male and female home in each 5-year age group. The presentation of the medals will take place in front of the Caledonian Ground grandstand. The ceremony will be held after the results have been processed at approximately 12.00 noon. It is not until the final competitor has completed the course that the final results can be processed.

There will be tea and coffee available in the top room in the Caledonian Ground for those who have completed the race and are waiting for the medal ceremony to take place.

Competitor Numbers

Each competitor must display their race number on the **FRONT**.

Numbers will be issued at the start/finish from **7.45am on race day**. You must come and pick up your number and tick off your name from the info desk at the start/finish gazebo.

After passing the finish line competitors will continue through a chute in single file where their number will be recorded. Only walkers wearing the official race number will be allowed into the finishing chute.

Course Supervision:

Marshals will be posted along the course at all major course direction changes.

For reasons of safety and congestion, no buggies, prams, animals, skateboards, scooters, roller blades etc may accompany walkers. **Music listening devices should not be worn.**

Roads, pavements and cycle ways are open to the public. Be respectful towards pedestrians and follow instructions of race officials at all times.

Walkers are responsible for their own safety when crossing roadways on all parts of the course. All the roads and cycle ways are open for use by normal traffic. All competitors enter at their own risk.

This walking race is recreational and therefore not judged under Athletics New Zealand rules. Participants however are not to run. This means that one foot must be in contact with the ground at all times. Any participant observed running by a race marshal or race official will be precluded from winning a medal.

Contact:

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