

## New Zealand Masters Games - Powerlifting

01-Feb-20

Name	Type	Age Class	Weight Class	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	Total	Place	Best Lifter
Lidia Paul	PL	45-49	100	-30	30	-40	30	31	40	80	-90	90	160	1st	
Heike Fetting	PL	50-54	84	70	-75	75	65	-67	67	120	127	130	272	1st	
Diana Horn	PL	45-49	72	73	75	78	43	-50	50	100	110	115	243	1st	
Suzanne Clark	PL	50-54	72	80	86	90	50	55	-58	95	100	105	250	1st	
Amanda Parish	PL	40-44	58	-85	85	92	58	-60	-60	98	110	-118	260	1st	
Bruce Park	PL *	80+	69	90	95	100	58	61	64	147	156	162	326	1st	
Margaret Lindsay	PL	55-59	64	95	98	100	57	61	-63	100	105	-119	266	1st	Powerlifting - Wilks: 293.54
Hayden Abraham	PL	45-49	120	150	170	185	145	-150	-150	220	-230	-230	550	1st	Powerlifting - Wilks: 319.88
Andrew MacDuff	PL	50-54	120	-170	170	175	115	125	-130	180	190	200	500	2nd	
Ruwan Paul	PL & SB	50-54	120	195	-215	-220	125	135	-140	170	185	0	515	1st & 1st	Single Bench Press - Wilks: 78.02
Glen Griffiths	PL	40-44	94	220	230	235	145	155	-160	-240	-240	-240	390	DNF	
Mike Smith	P'N'P	45-49	94				125	132	-140	222	232	240	372	1st	Push'n'Pull - Wilks: 232.58
Brad Taylor	SB	65-69	94				90	95	-100					1st	
John Dellow	SB	75-79	105				100	110	-115					1st	

Referees: Tania Pitt-Guthrie, Sylvia Clarkson, Phil Murphy

\* 7 National Records

