

Tuesday 4 and Wednesday 5 February 2020								
				Row	Bike	Run	Total	Rank
25-35	Female							
Asuma	Abu-Zafar	27	F	2112	4150	1500	7762.0	3
Natalie	Cobby	35	F	2195	5470	1600	9265.0	2
Alex	Hardy	29	F	2430	5180	1700	9310.0	1
36-45	Female							
Jade	Benfell	43	F	2155	4500	1500	8155.0	1
56-65	Female							
Christine	Johnston	58	F	2240	2900	1100	6240.0	3
Margaret	Kenny	60	F	1913	5630	1800	9343.0	1
Mary Ann	Bishop	63	F	2092	4270	1400	7762.0	2
66+	Female							
Susan	Kemp	70	F	2247	4610	1600	8457.0	1
Susan	McNatty	70	F	1853	3840	1000	6693.0	2
36-45	Male							
David	Parker	36	M	2368	4700	1200	8268.0	3
Cam	Orr	36	M	2531	5500	1900	9931.0	1
Dave	Bainbridge	36	M	2298	4380	1600	8278.0	2
46-55	Male							
Dean	Thomson	51	M	2470	5870	1900	10240.0	2
Rabindra	Roy	53	M	2576	6200	2300	11076.0	1
56-65	Male							
Alastair	Watt	57	M	2546	5900	1900	10346.0	2
Roger	Leslie	64	M	2628	7500	2000	12128.0	1
Eion	Mills	64	M	2293	4850	1400	8543.0	3
66-74	Male							
Paul	Cobby	67	M	2135	4920	1400	8455.0	3
Warwick	Cope	66	M	2270	4950	1300	8520.0	2
Ross	Mitchell	70	M	2349	5400	1700	9449.0	1
75+	Male							
Ivan	Stanton	74	M	2186	4040	1000	7226.0	2
Matthew	Willoughby	78	M	2344	4400	1100	7844.0	1
Murray	Taylor	82	M	1808	2520	900	5228.0	3
Teams								
Zafar	Dave	Asuma	F,M	2298	4150	1600	8048.0	1
Para								
David	Parker	36	M	2368	4700	1200	8268.0	1