Athletics Otago Health & Safety Guidelines For Out of Stadia Events¹

IMPORTANT NOTICE

All Athletes, Officials and Helpers must read and agree to the following INDEMNITY

By taking part in events organised by Athletics Otago Inc you understand that participation in athletic events may involve risk of injury or in extreme cases death.

By participating in competition, you confirm that you are physically fit and suffer no medical condition, disability or lack of skill, which would render you unsuitable for competition.

You understand that only Competitors, Officials and Helpers are allowed inside the competition area during events.

You personally accept all risks and release Athletics Otago Inc and all other parties involved in organised competitions or training activities, from any liability, claims, damages or expenses arising from your participation and use of equipment or facilities involved in organised events or training activities.

Goals

- 1. To provide guidelines to promote health and safety practices within the sport of Athletics.
- 2. To promote a drug free sport with a no drug policy as defined by WADA
- 3. To reduce injuries and hazards by way of a hazard identification system.

Facility

Events largely take place on public grounds and therefore all users must be mindful that members of the public may walk into the event area at any time.

All children under the age of **14 years must** be accompanied by an adult at every event. Please ensure you know where your child is at all times, and accompany them to the bathrooms, which could be out of sight.

Athletics Otago is covered by Athletics New Zealand (ANZ) third party insurance and accidental injuries by Accident Compensation Corporation. Neither of these removes from those involved the standard of "reasonable care". By documenting known or anticipated risks and applying the agreed strategies the Board are discharging their obligations for "reasonable care" and should not be liable under civil or criminal law

Responsibilities of the Athletes

- Athletes must always obey the directions of officials
- Athletes must abide by all rules
- Show respect for equipment, facilities and grounds
- The wearing of headphones is a safety issue. Athletes may not wear headphones during an event.
- Show respect to other competitors and compete in the spirit of the event.

¹ Please refer to our website for the Full Health & Safety Guidelines incluing Athletics Otago Responsibilites.