



## Athletics

### New Zealand Masters Games Programme 2025

Sunday 2nd February 2025

#### Morning

##### Field Events

Number

9-00am Javelin	M30-34	M35-39	M40-44	M45-49	M50-54	M55-59	M 60-64	14
10-30 am Javelin	M 65-69	M 70-74	M 75-79	M80-84	M85-89	M90+		17
9-00 am Triple Jump	W30 + and all older grades			All Grades				4
9-30am Triple Jump	M30 + and all older grades			All Grades				11
10-15 am Shot	W30 + and all older grades			All Grades				14
11-30 am Shot	M 30-34	M 35-39	M40-44	M 45-49	M 50-54	M 55-59	M 60-64	14
12-30pm Shot	M 65-69 and all older grades							17
11-00am High Jump	W30 + and all older grades			All Grades				3
11-00 am High Jump	M65-69 and all older grades							8
12-00 prr High Jump	M 40-44	M40-49	M50-54	M 55-59	M60-64			10
<b>Track Events</b>								
9-00 am Mile	M 30-34	M 45-49	M 50-54	M 55-59				4
9-10 am Mile	M 60-64	M 65-69	M 70-74	M 75-79	M 80-84			8
9-30 am Mile	W30 + and all older grades			All Grades				8
10-15 am 200m	W 30-34	W 35-39	W 40-44	W 45-49	W 50-54			3
10-25 am 200m	W 55-59	W 60-64	W70-74					7
10-35 am 200m	M 30-34	M 35-39	M 40-44	M 45-49				2
10-45 am 200m	M 50-54							2
10-55 am 200m	M 55-59							5
11-05 am 200m	M 60-64							3
11-15 am 200m	M 65-69							6
11-25 am 200m	M70-74	M 75-79						6
11-35 am 200m	M 80-84	M85-89						2

11-45 an 3000m Race Walk	M30+	and all older grades	All Grades	7 & 7				14
3000m Race Walk	W30 +	and all older grades	All Grades					

#### Afternoon

##### Field Events

1-30 pm Discus	W30 + and all older grades			All Grades				15
2-45 pm Discus	M 35-39	M 40-44	M45-49	M 50-54	M 55-59			12
3-35 pm Discus	M 60-64	M 65-69	M 70-74	M 75-79	M 80-84	M85-89	M90+	20
3-35 pm Javelin	W30+	All Grades						9
2-00 pm Long Jump	W30 + and all older grades			All Grades				4
2-45 pm Long Jump	M30 + and all older grades			All Grades				19
5-00 pm Hammer	W30 + and all older grades			All Grades				10
6-30 pm Hammer	M30+ and all older grades			All Grades				18

##### Track Events

1-00 pm 3,000m Track Run	M30-34	and all older grades	All Grades					15
1-20 pm 3,000m Track Run	W30-34	and all older grades	All Grades					8
1-45 pm 100m	W 35-39	W 40-44	W 45-49					3
1-55 pm 100m	W 50-54	W 55-59	W 60-64					7
2-05 pm 100m	W 70-74	W 80-84	W 85-89					2
2-10pm 100m	M 35-39	M 40-44						2
2-15pm 100m	M 45-49	M50-54						2
2-20 pm 100m	M 55-59							5
2-22 pm 100m	M 60-64							4
2-25 pm 100m	M 65-69							7
2-30 pm 100m	M 70-74							4
2-35pm 100m	M 75-79							5
2-40 pm 100m	M 80-84	M 85+						4
3-00 pm 800m	W 30-34	W 45-49	W 50-54	W 55-59	W 60-64	W 70-74		7
3-10 pm 800m	M 30-34	M 35-39	M 45-49	M 50-54	M 55-59	M 60-64		5
3-20 pm 800m	M 65-69	M 70-74	M 75-79	M 80-84				9
3-40pm 60m	W 30-34	W 35-39	W 40-44	W 45-49				1
3-45pm 60m	W 50-54	W 55-59	W 60-64					6
3-50pm 60m	W 65-69	W 70-74	W 80-84					7
3-55pm 60m	M 30-34	M 35-39						1
4-00pm 60m	M 45-49							0
4-05pm 60m	M 50-54	M 55-59						6
4-10pm 60m	M 60-64							4
4-15pm 60m	M 65-69							7
4-20pm 60m	M 70-74							7
4-25pm 60m	M75-79	M 85-89	M90+					8
4-45pm 400m	W 30-34	W 35-39	W 40-44	W 45-49				3
4-50pm 400m	W50-54	W55-59	W60-64	W70-74				3
4-55pm 400m	M30-34	M35-39	M 45-49					3
5-00pm 400m	M50-54	M55-59	M60-64					4
5-05pm 400m	M65-69	M70-74						5
5-10pm 400m	M70-74	M75-79	M80-84					6
5-15pm 400m	M85-84	M85-89	M90+					2

NB: Please note field events timings could be slightly deferred on the day if the previous division takes longer than their allocated time. We have large numbers in the fields this year.

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